

### **Gourmet to Go**

### **Breakfast**

GF + Vegan Options Available

#### **Bagels**

Assorted Sliced Bagels 17/dozen

Plain\* Garlic\* **Multi-Grain** Poppy Seed\* Sesame\* Asiago\* Onion **Sun Dried Tomato** Sourdough Sea Salt\* **Spinach Parmesan** Pizza Bagel Everything\* Blueberry **Honey Wheat** Seasonal Jalapeno Cheddar **Chocolate Chip** 

> Gluten Free Bagels\* \$3.50 each

Cream Cheese Spreads \$5-7/pint

#### **Continental Breakfast**

(Minimum 8 people)

Assorted Mini Croissants (Choose 2 Plain, Chocolate, Almond), Mini Muffins (Choose 2 Blueberry, Chocolate Chip, Carrot, Banana Walnut), Morning Buns or Cinnamon Rolls 10 per person

Add Seasonal Fruit Salad +4 per person

### **Smoothie + Juice Bar**

(Minimum 8 people)
Fresh Squeezed Orange Juice or Carrot Juice, Choice of Smoothie
Juices served in 8 oz bottles
Smoothies Served in 12oz clear cups
12 per person

### **Assorted Bagel Platter**

(Minimum 8 people)

Assorted Bagels, Selection of 2 Cream Cheeses, Cucumber, Tomato, Red Onion, Romaine Add Lox or Hot Smoked Salmon +4/pp Add Sliced Deli Selection: Turkey, Ham, Spicy Salami, Mortadella +4/pp 12 per person

### Individual Fruit + Granola+ Yogurt Parfaits

Strauss Yogurt, Granola with Rolled Oats, Fresh Berries GF\* 8.50 each

Golden Bagel Napa 3240 Jefferson St. Napa, Ca. 94558 707.258.1413



# **Golden Bagel Classics**

GF + Vegan Options Available

#### Golden Scramble

Choice of Bagel or Croissant, Scrambled Eggs, Cheddar, Choice of Meat or Avocado \$6.50/each

#### **BLT Scramble**

Choice of Bagel, Bacon, Lettuce, Tomato, Mayonnaise, Scrambled Eggs \$6.50/each

# **Breakfast Burrito**

GF + Vegan Options Available Fresh tomatillo salsa, tater tots, pepperjack cheese, scrambled eggs, bacon, avocado \$8 each

#### **Harvest Oatmeal**

Pecans, Raisins, Cranberries, Cinnamon, served with warm milk and brown sugar \$6.50

#### **Smoothies**

### The Boost

Orange, Apple, Strawberry, and Banana. Non Dairy Smoothie with High Energy Blend & Multi Vitamin & Mineral Supplements

### **Triple Berry Sunrise**

Blended cranberry, boysenberry juices, strawberries, blackberries, blueberries, and bananas.

### Purple Rain

Berry juice, blueberries, blackberries, with non-fat frozen yogurt.

### California Summer Medley

Cranberry and apple juice, strawberries, raspberries, and blueberries.

#### Jamaican Dream

Non dairy smoothie, with pineapple, strawberries, mangos, banana, and a touch of coconut. **Milk Shake Spa** 

Our classic low fat version of a milk shake. Low fat milk, non-fat frozen yogurt, and your choice of fruits.

#### Soy Milk Blast

Soy milk, apple, and orange juice, strawberries, blueberries, and bananas.

#### **Tahitian Paradise**

Mango, guava, and bananas, an island non dairy smoothie.

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# **Creamy Carrot Cake**

Fresh carrot juice, bananas, cinnamon, allspice, and non-fat frozen yogurt.

# **Blueberry Blues**

Blended apple and orange juices, with blueberries, bananas, and non-fat yogurt. (Try it with Soy Milk!)

# Raspberry Crush

Raspberry juice, raspberries, and bananas.

# Pina Banaguava

Tropical guava, and pineapple, with banana, and coconut.

### Peach Melba

Peach Juice, peaches, bananas, and non-fat frozen yogurt

# **Green Machine**

Kale, spinach, apples, oat milk, bananas